



# NORTHLAKE CITY NEWS

August 2012

## Northlake Days 2012 Winners of the Annual Car Raffle



Pat & Jean Hayes pose with Mayor Jeffrey T. Sherwin after winning the 2005 Chevy Impala which they won at Northlake Days.



Emily Szymczak receives the keys for the 2001 Ford Taurus from Deputy Chief Norm Nissen. Emily was the raffle winner at Northlake Days.

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55 E. North Avenue  
Northlake, IL 60164

### IN THIS ISSUE

City Desk .....	2
Veterans Park District Events .....	4
Leyden Township Community Center Upcoming Programs .....	14
Business Guide .....	17
Classifieds.....	17-23
Calendars of Events .....	24



## CITY OF NORTHLAKE

55 E. North Avenue  
(708) 343-8700

**Jeffrey T. Sherwin, Mayor**

**Joanne Floistad, City Clerk**

**Fred J. Paul, Treasurer**

### Aldermen

#### **Ward 1**

Paul Straube  
Penny Feldmann

#### **Ward 2**

Sandy Delgado  
Thomas Padilla

#### **Ward 3**

Rick Riesterer  
Mark Werba

#### **Ward 4**

Rich Grochowski  
Francine Patti

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### **Police Department**

911 (emergency)  
(708) 531-5755 (non-emergency)

### **Fire Department**

911 (emergency)  
(708) 562-3182 (non-emergency)

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[www.northlakecity.com](http://www.northlakecity.com)

[northlakemayor@comcast.net](mailto:northlakemayor@comcast.net)



*City Desk* by Mayor Jeffrey T. Sherwin

[northlakemayor@comcast.net](mailto:northlakemayor@comcast.net)

## **July Weather Brutal**

It seems that Mother Nature is collecting her bill for the mild winter which we experienced. Northlake, along with many other communities, was hit with a severe wind and rain storm in early July which caused the power to go out. While many people were quick to blame ComEd, it must be remembered that this was a severe storm causing the damage, and not under the control of ComEd. However, it is frustrating not to be able to get through to ComEd. They certainly need to improve their customer response. Many people experience outages after power was restored and again, that is frustrating, but I am told that these subsequent outages were due to the fact that power needed to be shut down in order to repair other parts of the system.

The storm was followed by severe heat, and thankfully we have not suffered power outages due to the strain put on the system by the demand for air conditioning. In years past, we were plagued by these outages attributed to "equipment failure."

It was very gratifying to hear of reports of neighbors helping neighbors by removing tree branches and cutting them up. There were many cases where cords were run from generators to assist those who did not have generators. The Public Works Department, Police Department and Fire Department all did a great job to clear the streets and ensure safety during the course of the power outage. Thankfully, we did not suffer any deaths, severe injury or widespread property damage.

As we look to August, I hope that the weather cools down a bit so we can all get some relief. Work on the streets should be wrapping up soon.

The roof on the Public Works Building is also in the process of being replaced. The old roof served the community well. It is the original roof put on the building after it was rebuilt after the tornado of 1976 destroyed the building.

Let's enjoy the remainder of the summer. Winter will be here all too soon.

## **NORTHLAKE'S COMMISSIONS**

Youth Commission – Meets 2nd and 4th Wednesday of each month at 6:30 p.m.  
Sheila Morgan, Chairman Phone (708) 531-0118  
John Morgan, Katreina Voss, Sharon Budzon, Trish Patti

Police Pension Board – Meets quarterly (January, April, July, October)  
Richard Haack, Lori Grundy, Ken Beres, William Kabler

Zoning Board of Appeals, Planning & Economic Development Commission  
Meets upon the request of the City Council  
Paul Feldmann, Chairman Phone (708) 343-8700  
Susan M. Maher, Irene Rodriguez, Gabriel Saucedo, Sue Costantino, Ron Boscaccy

Senior Citizens Commission – Meets 3rd Wednesday of each month at 1:00 p.m.  
Don Koca, Chairman; June Hunt, Virginia Chavez, Christine Maggio, Wally Tripp, Joseph LaPaglia, Diane Hanauer

Community Events & Affairs – Meetings held 1st & 3rd Thursday of each month at 7:00 p.m.  
Andrea Niemi, Chairman Phone: (708) 343-8700  
Pat Pionto, Rocquel Rodriguez-Guerrero, Tim Rail, Angelo Cannataro, Dan Kay

Board of Police Commissioners – Meetings held 4th Tuesday of each month at 6:00 p.m.  
Roberta Larson, Chairman; William McAdow, Commissioner; Manuel Ferra, Commissioner

## Announcement

Lorie Jean Reyes graduated from Elmhurst College, magna cum laude, with a Bachelor's Degree in Special Education, on May 26, 2012. Her parents, Ross and Jean Cristao, Husband Marlo Reyes, children, Ashley Armato and Alicia and Allison Reyes, and grandson, Collin Reyes would like to

congratulate her on her success. We are so proud of you! We love you!



## Solicitors Warning

The City of Northlake, the Northlake Police Department and the Northlake Fire Department are NOT asking for donations from residents of Northlake.

Before you donate, call City Hall to see if anyone who requests funds is registered with the Clerk's office.

## Rebate Available for Pet Neutering

You don't need to miss an opportunity to help control the pet population in our area! The City of Northlake will give you \$20.00 for neutering your dog or cat at any time during the year. Just bring proof of the neutering from your vet into Northlake City Hall after your pet has been neutered and we'll send you a check for the \$20.00.

## Northlake Water is Still a Bargain

The United States is the world's largest consumer of bottled water. Americans drink almost 28 gallons per person each year. That's 98,000,000 gallons per year. Americans happily pay anywhere from 39 cents to \$1.25 for 16 ounces of bottled water. That translates to \$2.95 to \$10.01 per gallon or \$28,910,000,000.00 on the low side to \$9,809,800,000.00 on the high side.

The City of Northlake charges \$6.07 per thousand gallons, which comes to .0061 per gallon (that's less than 1/2 cent per gallon). That same 16 ounces of water that you pay 39¢ to \$1.25 for, costs you only .0008¢ if you fill your bottle from the tap. (That's 1/8 of a cent!)

Another perspective on this is to adjust the City's water rate of \$6.07 per 1,000 gallons to the amounts charged for bottled water (\$2.95 to \$10.00 per gallon). The City's rate would be \$2,950.00 per thousand gallons to \$10,010.00 per thousand gallons.

Think about it.

# ComEd Urges Customers to be Aware of Utility Scams

**Activity typically increases after major storms and natural disasters**

CHICAGO – July 9 – ComEd is warning customers to be on the alert for scam artists who increase activity after major storms and other natural disasters. Following the recent storm that knocked out power to more than 300,000 customers, ComEd experienced an increase in calls about two current scams that could cost customers money and valuable personal information.

- Individuals professing to be from utility companies are claiming that there are federal programs that will pay electric bills. People are being asked to provide their social security numbers in exchange for fake bank routing numbers that can be used to make payments.
- Individuals claiming to be from utility companies are telling customers that they need to make an immediate payment or their service will be disconnected. They ask the customer to purchase a gift credit card and call back with the card information to make the payment.

Scammers may call or come to your home. Representatives from ComEd always carry proper identification and never ask customers for cash or personal financial information. Customers can

verify if a ComEd worker is in the area or whether a caller is an employee by calling 1-800-EDISON1. Customers can avoid being scammed by taking a few precautions:

- Never provide your social security or personal information to anyone initiating contact with you claiming to be a ComEd representative or requesting your to send money to another person or entity other than ComEd.
- Always ask to see a company photo ID before allowing any utility worker into your home or business.
- Be skeptical of individuals wearing clothing with old or defaced company logos. If you have any doubts, ask to see a company photo I. If you are at all concerned or suspicious that the individual may not be from ComEd, call 1-800-EDISON1.
- Never make payment for services to anyone coming to your door.

Customers approached for this kind of personal information, or who believe they may be a victim of a scam, should report the incident to their local police.

## Northlake Police Recognized for Safe Driving Campaign

The Illinois Department of Transportation (IDOT) has recently recognized the Northlake Police Department for its participation in the IDOT safe driving campaign "Click It or Ticket." According to IDOT, Northlake rated 1st in statewide police department categories that have 31 or more sworn officers that did not receive grant monies. IDOT also recognizes Northlake conducted more Safety Belt Enforcement Zones than all other departments and wrote 250 more citations than the second place department in the same category. In spite of Northlake posting

warning signs for two weeks in the primary locations before issuing tickets, nearly 500 tickets were issued during the Memorial Day campaign. Chief Dennis Koletsos praised the work of the officers involved and noted overall Northlake residents were by a very large part in compliance by properly using seat belts. Chief Koletsos said, "Our program goals are to save lives and promote safe driving. We also appreciate being recognized statewide as a leading police department."

Northlake conducted the campaign without expending any overtime costs.

# YOUTH DANCES

September 7 • October 5 • November 2  
December 7 • January 11 • February 1  
March 1 • April 5 • May 3

**Grant Park • 7:30 - 9:30 p.m.**  
**\$3.00 Admission**

Students must be picked up promptly;  
no loitering  
Appropriate attire and conduct  
will be enforced  
No "joking" - No fighting

Refreshments will be sold by Veterans Park  
Sponsored by the Northlake Youth  
Commission

# Veterans Park District

## Special Events

### Movie in the Park

**Pirates of the Caribbean** – On Stranger Tides, rated PG13 will be shown at Gouin Pool in Franklin Park on Thursday, August 9, Rain date: Thursday, August 16 Bring a blanket or lawn chair and enjoy a movie under the stars. Concessions available to purchase or bring your own. This is a FREE family event.

**Hugo**, rated PG will be shown at Trumbull Park, in River Grove on Thursday, August 30, Rain date: Tuesday, September 4. Bring a blanket or lawn chair and enjoy a movie under the stars. Concessions are not available at this site, please bring your own. This is a FREE family event.

### Music in the Park

This is a FREE and fantastic event that you don't want to miss. On Wednesday, August 15th the Veterans Park District Welcomes R-Gang! There will be grilling and drinks to compliment the show. So join us, the show starts at 7pm at Bulger Park in Melrose Park.

### “Fun”tastic Adventure Camps

Register now for “FUN”tastic Adventure Tot Camps. New this year is our full day camp at Bulger Preschool. Morning half day camp is held at Bataan Preschool. Both locations are in Melrose Park. Camp runs through August 17th. For more information, please call 708-343-5270. Don't let your child miss out on making new friends, exercise, and great fun in the sun.

### After School Care

Now is the time to register for Veterans Park District's After School Care Program. Your children will be bussed from their school to either Grant Park Recreation Center in Northlake, or Bulger Hall in Melrose Park. The children are given a snack upon arrival, followed by time for homework help, and opportunities to recreate both inside and out! Contact Veterans Park District (708-343-5270) for more information.

### Gouin Pool and Water Slides

Come and take a splash in our pool and water slides. New season pass prices. \$35 for In District and \$50 out of district for the entire summer!!!! We offer walk in fees, individual passes, swimming lessons, party packages, and much more! Feel free to contact Marlin Sanchez for further questions at 847-451-9396.

### Preschool

#### Preschool (Ages 3-5)

We are excited to announce that we will be opening up a Northlake location for our Fall 2012 school year at Kahl Park!

We prepare our preschoolers academically, physically, and socially to begin their education journey successfully. Come and join the fun! Call Preschool Director, Marlin Sanchez, at 708-731-5290 or email at [msanchez@veteransparkdistrict.org](mailto:msanchez@veteransparkdistrict.org) for further questions or to schedule a tour of one of our classrooms!

### Music Lessons

Veterans Park District offers group music lessons for Adults and children ages 4 years and up. Are you interested in band at school or want to continue playing during the summer? Ms. Cherrie can help you learn new skills or fine tune the ones you have. Contact Veterans Park District 708-343-5270 for more information.

## Youth

### Karate Academy (Ages 6-13)

COME TRY A CLASS FOR FREE! Get your kid(s) involved in the best martial arts program in the area to learn self-defense, self-confidence and self-discipline. Uniforms are \$35. Ask us about our new Session dates by calling Veterans Park District at (708) 343-5270. New fees of \$55 per month. Register with the Karate Academy by coming in on Mondays or Thursdays from 5:15pm to 6pm.

American Basketball Academy Clinics (Ages 10-18) Clinics will be led by former United States Basketball Academy's Annie Roberts and other former college players. These clinics will focus on developing ball handling, offensive/defensive skills, passing, positioning, and shooting. All players will improve greatly with this Saturday, August 18th clinic, from beginner to AAU players. Ages 10-14, 9-11am, Ages 15-18, 11-1pm at Grant Park Recreation Center, \$50 1st Child Fee, \$40 2nd Child Fee.

## Teens

### Teen Pool Party

There will be a Teen Pool Party at Gouin Pool in Franklin Park on August 10th, from 6-8pm. Grades 6th-8th, Please bring you school ID or a report card to get the admission charge of \$3.

### Teen Bowling Trip

Join us as we head out to Stardust Bowl in Addison for a few games of bowling and some pizza! – Ages 11-15, August 24th from 6-8pm. Pre-Registration is required. \$7 registration fee.

## Adults

### Dog Obedience Classes

Veterans Park District offers Dog Obedience classes throughout the year. New classes start on August 11th and include American Kennel Club Canine Good Citizen, Puppy STAR, and Agility/Rally-O Intro. Classes are held on Saturday mornings/afternoons at Bulger Park. Please call 708-343-5270 for more information.

### Ballroom Dance

Shall we dance? Come learn all the classics at Kahl Park beginning August 10th – September 21st. 7-9pm. \$50 per person, \$80 per couple. Call 708-343-5270 to register.

### Fall Co-ed 14” Softball League (Ages 18 & up)

Fall is right around the corner, and that means another Co-ed 14” Softball League! A regular season will be followed by a single-elimination playoff tournament. Monetary awards will be provided to 1st and 2nd place teams of regular season and playoffs. Days: Monday/Tuesdays, Fee: \$600, Season Start: August 27, Game Times: Start at 6:30PM. Forms and league packets can be found at [www.quickscores.com/vpd](http://www.quickscores.com/vpd)

## Fitness

### Grant Park Zumba (Ages 16 and up)

Ditch the workout and join the ZUMBA party! Please bring your water bottle, sweat towel and exercise or Yoga (sticky) mat (if you have one) for the cool down portion of the class. 2-September 6 from 6-7pm Grant Park Recreation Center, 44 W Golfview Dr., Northlake, \$45 In District, \$50 Out of District.

### Belly Dancing (Ages 16 and up)

Increase your flexibility and get in shape with belly dance.

Belly dancing strengthens your inner core muscles and tones your stomach, while increasing flexibility. This class will be held at Kahl Park Tuesdays 8-9pm (beginner) and 7-8pm (advanced) from August 21 – September 25. Fee is \$45 In District, \$50 Out of District.

### Pilates/Yoga Fusion (Ages 16 and up)

Pi-Yo provides a dynamic and refreshing blend of yoga poses with Pilates mat exercises, tightening our mid-section while increasing balance, flexibility and total body strength. Mats are provided or you may bring your own. This class will be held on Thursdays at Kahl Park from August 2-September 6 from 7:30-8:30pm. Fee is \$45 In District, \$50 Out of District.

## Special Recreation

Veterans Park District, in cooperation with the village of River Grove, provides year-round recreation and leisure activities for individuals of all ages with special needs. Our goal is to provide opportunities for new experiences, socialization and quality programming. Youth and preschool programs are inclusion programs that are open to children with or without special needs. Teen and adult programs are set up to accommodate individuals with special needs.

## Especially for Seniors

### Birthday Bingo (Adult/Senior ages 21-99)

A breakfast buffet of favorite breakfast foods will be served at 10:00AM. After breakfast we play Bingo for prizes. Wednesday, August 29 at 10:00AM located at Grant Park, 44 W. Golfview Drive, Northlake. For more information please call (708) 343-5270. The fee is \$3.00 for pre registration walk in fee is \$3.50.

### The Marie Antoinette Ice Cream Social (Adult/Senior ages 21-99)

Marie Antoinette will be serving you a great sundae with all the trimmings. On this fun day we will also play Bingo for prizes. Thursday, July 12th located at Grant Park, 44 W. Golfview Drive, Northlake. For more information please call (708) 343-5270. For pre registration walk in fee is \$3.50.

### Blast from the Past (18-99)

Enjoy an afternoon of a top-notch singer from the greatest music from the 1920's - 1960's and a delicious lunch. Friday, August 24th located at Grant Park, 44 W. Golfview Drive, Northlake. Fee is \$16.

## Trips

### The Spirit Cabaret Lunch Cruise, Navy Pier (Adults 18-99)

Come aboard the Spirit on Chicago's beautiful Navy Pier. You will have time for a little browsing at Navy Pier of sit back and enjoy the view at Navy Pier. Tuesday, July 31h leaving from, Grant Park at 10:00AM return about 6:00PM. Fee is \$60.

### Four Winds Casino(Adults 21-99)

Join the fun at beautiful Four Winds Casino in New Buffalo, MI. The casino will give us \$25 in rebates, \$10 toward lunch of your choice and \$15 for slot play. Thursday, August 30th leaving from Grant Park at 9:15AM returning about 6PM.

### Soaring Eagle Casino & Spa

This trip is a two night stay at the beautiful Soaring Eagle Casino and resort in Mt. Pleasant, MI Wednesday-Friday, August 8-10th. Departs from Grant Park at 7:30AM. Fee is \$220 based on double occupancy.

## for your information... from the City of Northlake

### Grass Height

Homeowners can help keep our community and their neighborhoods neat and attractive during the summer and fall months by regularly mowing their lawns. Northlake code requires that lawns be maintained at a height of 8 inches or less. Grass that is allowed to grow longer than 8 inches is considered a nuisance and can result in a fine.

### Call J.U.L.I.E Before You Dig

Please remember to call 1-800-892-0123 at least 48 hours before you plan to do any digging on your property. J.U.L.I.E. will give you the location of underground utility lines.

### Construction Safety

Construction sites often attract children, but they can be very dangerous and are not appropriate places for children to play. Parents are reminded to keep their children safely away from construction areas, especially dug-out basements and foundations.

### Home By Curfew

Teens are reminded that curfew for young people under the age of 17 is 10:30 p.m. Sunday through Thursday and 11:30 p.m. Fridays and Saturdays. During curfew hours, any minor in a public area must be accompanied by a parent, legal guardian or responsible companion at least 21 years of age and approved by the teen's parent or legal guardian. An exception is made for teens engaged in a business or occupation which Illinois laws authorize a person under 18 to perform. Teens and parents are reminded that the driver's license of a 16 year old is not valid if the driver is in violation of Illinois curfew hours.

### Garage Sales

A garage sale is a great way to get rid of unwanted items and make a little extra cash. Northlake residents are allowed to hold up to two garage sales a year. This does not include the City Wide Garage Sale in September. Permits are required. You must register at City Hall. Signs advertising the sale must be removed by the end of the last day of your sale. There is a \$50 fine for not removing your signs.

### Block Parties

Neighborhood block parties can provide a great opportunity for neighbors to get to know each other and for families to enjoy the warm summer days. To get further information and/or to schedule a block party, call Joanne Floistad at City Hall, 708-343-8700.

### Vehicle Sticker Reminder

Owners of vehicles registered in Northlake are required to get a city sticker for the car. There is no fee for the sticker, however, if you are cited for not having a sticker, there is a fine of \$50.00. Come to City Hall, Monday through Friday, 9:00 a.m. to 5:00 p.m. or Saturday, 9:00 a.m. to noon to get a sticker for your vehicle(s).

**NO BINGO ON NOVEMBER 6, 2012  
DUE TO ELECTIONS**

## Northlake Days Annual Pie Eating Contest Winner

On Sunday afternoon, there was an old fashioned pie eating contest at Northlake Days. Six brave participants tried to finish eating a chocolate cream pie to be a prize winner. The first place winner received a gift certificate from Aldi, second place winner from Pizza Joynt and third place from Dunkin' Donuts. The pies were donated to the contest from Jewel Foods. Thank you to our sponsors and to the participants and a special thank you to those who cheered them on.



Alderman Sandy Delgado, 1st place winner Steve White, 2nd place winner Michael Penle and third place winner Harold Jacks.

## Pace's Employer Shuttle Program Simplifies Commuting

Public transportation is one of the most cost-effective ways to travel to work. However, some commuters may not work near a bus route or train line. To address this, Pace offers the Employer Shuttle Program to employers for the transport of employees between area transit centers and work sites. Available in Cook, DuPage, Kane, Lake, McHenry and Will counties, the Employer Shuttle Program allows employers to offer an inexpensive employee benefit that helps recruit and retain staff.

A \$750 monthly fee covers the use of the vehicle, gas, maintenance and insurance. The employer provides the driver of the vehicle and has the option of charging the employees a fee for the transportation service. Providing this service to employees can relieve the stress of commuting to and from the workplace for employees and free valuable space in the employer's parking lot.

For more information or to sign up for the Employer Shuttle Program visit [PaceBus.com](http://PaceBus.com) or please contact Al Cacciottolo at (847) 613-5878 or [Al.Cacciottolo@Pacebus.com](mailto:Al.Cacciottolo@Pacebus.com).

## From the Desk of the City Clerk

On June 28th, I accompanied the Senior Commission on one of their casino trips. As I left my car parked at Centerpoint, I mistakenly left my trunk open after getting out some goodies for the seniors. When we returned, on my car was a crime prevention notice from Officer Wilner stating that my trunk was left open and he kindly closed it. I would like to thank him for his watchful eyes in preventing crime. I can only speak highly of all of our officers for their concern and care of all of our residents. Thank you, Officer Wilner.

## Terrific Tots Parent/Toddler Class

This fall, St. Cyprian School will proudly host a new parent/toddler class called, TERRIFIC TOTS! Terrific Tots classes, which will meet weekly for one hour, are open to 1 to 3 year-old children and their caregivers. Classes are designed to give young children the opportunity to learn in a safe and supportive play environment and to allow children and caregivers to spend focused quality time together without outside distractions. Classes will include a variety of fun and educational activities including art, music, play time, story time, cooking and more!

Terrific Tots will be lead by Mrs. Mary Ellefson who is a state-certified teacher with over ten years of teaching experience in the primary grades. She is also the parent of two young children. All Terrific Tots classes will be held at St. Cyprian School, located at 2561 Clinton St. in River Grove, and will meet one time per week for 10 weeks.

Fall Sessions Include:

Tuesday mornings: 9:15-10:15am (Sept. 11 – Nov 13)

Thursday mornings: 9:15-10:15am (Sept 13- Nov 15)

The cost is \$75 per child/ten week session

Parents can register for Terrific Tots at St. Cyprian School. For additional information about Terrific Tots, please visit the school website at [www.stcyps.org](http://www.stcyps.org), call the school office at (708) 453-6300, or email Mrs. Ellefson at [mellefson4@gmail.com](mailto:mellefson4@gmail.com).

## Child Safety Seat Check

On September 8, 2012, between the hours of 11:00 a.m. to 4:00 p.m., the Northlake Police Department will be hosting a Child Safety Seat Check/Install event. This safety check will take place at the Northlake Police Department, 55 E. North avenue, Northlake. Child Safety Seat Technician Officer Alexis Ortiz will be inspecting and installing child safety seats.

**Child Safety Seats Save Lives**

Child Safety Seat Check  
September 08, 2012  
11:00 A.M - 3:00 P.M  
Northlake Police DEpartment  
55 E. North Ave. Northlake IL

## NOTICE – New State Law Requires Electronics Recycling

Starting January 1, 2012, a new state law makes electronics recycling mandatory. The following items need to be recycled: TV's, monitors, printers, fax machines, scanners, computers, electronic keyboards and mice, video game consoles and video cassettes, digital converter boxes, cable and satellite receivers and records, portable digital music players, video disc records and players.

The City of Northlake offers a free electronic recycling service. You can drop these items of at the Public Works Department, 100 W. Palmer, Monday through Friday, from 7:00 a.m. to 3:00 p.m.

**Proviso Township  
Transportation Department**

Complimentary Rides for  
Recreation and Shopping

We provide free rides to: Target, Wal-Mart, Beauty/Barber Shops, Senior Clubs, Post Office, Banks, Grocery Stores, North Riverside Mall, (Oakbrook and Yorktown Malls are on Mondays ONLY)

Ride reservations can be made for Monday through Friday, 9:00 a.m. – 2:30 p.m., (except holidays and when the Township offices are closed).

Due to traffic inconsistencies, clients are required to be ready 15-minutes prior to their scheduled pick-up time and to watch for the Township car. The driver will stop at the designated address and wait briefly (5-minutes), if there is no response, the driver will leave. Our drivers are not allowed to go inside a client's home.

**Scheduling Procedures:**

- Call (708/344-8801) for reservations. Multiple stops are not allowed.
- You must call by 12:00 noon, the previous day, to reserve your appointment.
- If you are going shopping, you are allowed no more than two (2) packages.
- The rider cannot reserve travel to one location and change it with the driver.
- Each rider can have one (1) round trip per day – two (2) times per week.
- Free car transportation is provided for Proviso Township residents who are:
  - 60 years of age and older
  - Mentally challenged, who can't operate a motorized vehicle

**Due to Insurance Regulations:**

- Individuals, who are not physically and/or mentally able to get from their house to the car and destination by themselves, will not be transported unless accompanied by another individual who can assist them.
- Smoking is prohibited in all Township cars.
- Passengers **MUST** wear **seatbelts, at all times**, in Township vehicles; **NO EXCEPTIONS**. Those who cannot will forfeit their free ride.

**HOMELESSNESS  
Prevention  
Call Center**  
Suburban Cook County

**Are you Homeless or  
at Imminent Risk of  
Becoming Homeless?**

***If you live in Suburban Cook  
County and this has occurred  
due to:***

- Loss of Income
- Uninhabitable Living Conditions
- Lost Home Due to Foreclosure

**HELP MAY BE AVAILABLE!**

**Contact:  
Homelessness Prevention  
Call Center of Suburban Cook County**

**877.426.6515**

# Northlake Cubs Have a Great Season

Northlake Cubs fell to Bellwood in extra innings, 17-12. The Northlake Cubs (18-2) who finished first in the regular season, fell short in the championship game held at Northlake's Kahl Park. A two out game tying grand slam by Kayley Reith brought the park to its feet as the blast sent the game into extra innings. Pictured are: Kayley Reith, Jordan Tokarz, Tyler Olsen, Jason O'Donnel, Jayden Ramirez, Vince Gallo, Nicholas Pounders, Jake Pounders, Jimmy Dundovich, Oscar Torres, Coach Jim Tokarz, Coach Mike Olsen, Manager Jeff Reith. Not pictures: Mike De Santis.0



# Dollars and Sense

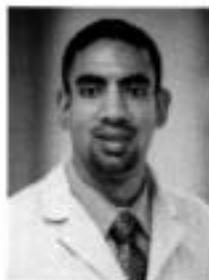
By Fred Paul



# Trees Improve our Environment

Trees reduce air and water pollution. The U.S. Forest Service estimates that one tree, over a 50-year lifetime, generates \$31,250 worth of oxygen and provides \$62,000 worth of air pollution control. Trees also manage storm water more effectively and less expensively than sewers and drainage ditches. The same tree that provides oxygen and pollution control also recycles \$37,500 worth of water and prevents \$31,250 worth of soil erosion. Trees also provide crucial shade and keep cities cooler.

## Cardiovascular Risk Factors: When Your Number is Up



Asif Serajian, D.O.  
Cardiologist

Cardiovascular disease (CVD), including heart attack and stroke, remains the nation's number 1 killer of men and women, causing more than 36% of all deaths. There are risk factors or conditions and habits that make a person more likely to develop cardiovascular disease. Join Vanguard Westlake Hospital's cardiologist, Asif Serajian, D.O., to learn about cardiovascular disease, risk factors, what you can do to reduce your risk and how to prevent heart disease at this informative educational event. Come to learn about heart health, stay for the hors d'oeuvres and cocktails.

**Wednesday, August 8  
6:00 pm**

**Concord Place, Skyline Ballroom  
401 West Lake Street  
Northlake, Illinois 60164**

**Pre-registration is required.  
To register please call 866-938-7256.**

This FREE program is co-sponsored by Vanguard Westlake Hospital, Concord Place and the American Heart Association.

The physician named in this publication is an independent contractor and is not employed by Vanguard Westlake Hospital and is not an employee or agent of the Hospital. It is the Hospital's sole responsibility to ensure that the physician was able to be reached prior to the event. Please call the Hospital's medical staff and not the physician, agent or representative of the Hospital, and have your name on the list of attendees.



Howard H. Rohde  
American Legion Post 888  
presents

## TEXAS HOLD 'EM TOURNAMENT

to benefit the Community Chest

**Saturday, September 29th**

Howard H. Rohde American Legion  
Post 888  
241 E. North Avenue

Check in at 6 p.m.  
Start time at 7 p.m.  
\$50.00 Buy In  
Cash Prizes  
Full Cash Bar

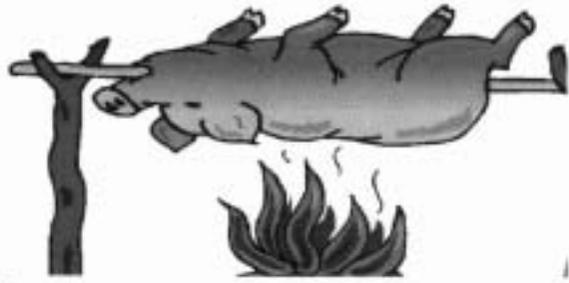
For tickets, please contact the  
American Legion after 12 p.m.  
Saturday-Sunday  
708-343-5545

1225 W. Lake Street  
Melrose Park, IL 60160  
866.938.7256  
www.wfhospital.com



**VANGUARD | WESTLAKE  
HOSPITAL**

MacNeal Hospital • Weiss Memorial Hospital • West Suburban Medical Center • Westlake Hospital • Vanguard Medical Group



# American Legion Post 888

## 1st Annual Pig Roast &

## Bags Tournament

*Saturday August 25, 2012*

*Sign in for Bags Tournament @ 2PM*

*Tournament Starts @ 3pm - Food @ 5pm  
18 & over Event*

### Food

*Pig Roast or Brat w/sides  
\$10.00 for All You Can Eat*

### Tournament

*\$40 per Team*

*Prizes and 50% to 1st Place (Double Elimination)*

*Registration opens August 1st - 18th - **Walk-Ins Welcome***

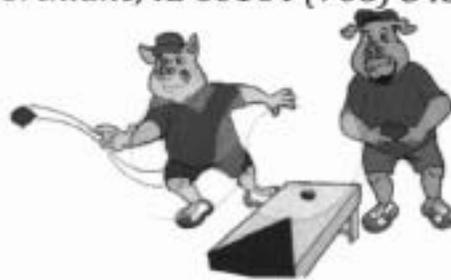
*All Teams that preregister will not have to pay for their meal!*

*To preregister please go to:*

*American Legion Post 888*

*241 E. North Ave*

*Northlake, IL 60164 (708) 343-5545*



*Visit us anytime on the web at [www.americanlegionpost888.com/blog](http://www.americanlegionpost888.com/blog)*

## Recyclable Items

Below is the list of items that are acceptable for recycling:

Paper

Materials:

brown paper

bags,

corrugated

boxes, white and colored paper,

computer paper, direct mail and bills,

paper envelopes, magazines and

catalogs, mixed papers, newspaper

chipboard and paperboard, telephone

books, wet strength paper stock



Non-Paper Materials: aerosol cans -

empty, aluminum cans, aluminum foil

- clean, aseptic packaging (juice

boxes), gable top containers (milk

and juice cartons), glass bottles and

jars, PET #1 plastic containers, HDPE

#2 plastic containers, PVC #3 plastic

containers, LDPE #4 plastic

containers, polypropylene #5 plastic

containers, plastic six and twelve

pack rings, #7 plastic containers,

steel and tin cans and lids, paint cans

- empty.

### How to prepare your recyclables

Cardboard must be flat with pieces no

larger than 2 feet by 2 feet. Please

rinse all bottles and cans and remove

lids. All items must be free of food

and beverage contamination. Please

do not recycle food contaminated

paper goods. You do not have to

separate paper materials from non-

paper materials. They can be mixed

in your recycling container.

No plastic bags, motor oil or pesticide

containers, Styrofoam containers,

peanut or blocks, shirt hangers,

window glass or light bulbs.

If you have any questions, please

contact Allied Waste at 708-345-7050.

## AUTOMATIC BILL PAYMENT SYSTEM

The City of Northlake has begun an Automatic Bill Payment System for your City Utility Bill where money can be directly deducted from your checking or savings account to pay the bill. If you are interested, you must come into City Hall to fill out the forms. Bring in a voided check or proof of a savings account in your name.

## Under 18? Be Home by Curfew

School is out for the summer, but parents and teens are reminded that young people under the age of 18 are required to abide by City curfew regulations year round. The curfew in Northlake is 11:00 p.m. to 6:00 a.m. Sunday through Thursday and from midnight on Friday and Saturday until 6:00 a.m. the following morning. A minor in any public area in the City after curfew must be accompanied by a parent, legal guardian or responsible companion at least 21 years of age and approved by the teen's parent or legal guardian. Teens who are engaged in a business or occupation authorized by the state for a person under the age of 18 to perform are permitted to be out after curfew.

## 2012 Northlake Mustang Baseball Champions

Players: Vincent Fredrickson, Max Gonzales, Jimmy Lonigro, Jimmy O'Donnell, Tyler Morgan, Tyler Dixon, Jesus Cabrera, Daniel Uribe, Daniel Rosal, Larry Chavez, Reno Dugo, Justin Arlington.

Coaches: Chuck Fredrickson, Vince Dugo, Bob O'Donnell and Larry Chavez



## Northlake Tigers End with a Perfect Record



Congratulations to the Northlake Tigers Bronco Division champions. They finished the regular season with a perfect record of 16-0. Entering the playoffs head coach Mike DiBeasi told his team they had a target on their back, but his team responded and went on to win 3 playoff games and win the All Suburban league Bronco Division Championship to complete the Northlake Tigers perfect season at 19-0. Congratulations to all the players and coaches: Bottom row: Steven Gonzalez, Brandon Mitchell, Chris Tullis, Chino Gutierrez and Kyler Britten. Middle row: Chris Corr, Michael DiBeasi, Gabriel Guarderas, Matt Garcia, Javier Mena, Teo Vargas, Ricky Mysliwec. Top row: Head Coach, Mike DiBeasi, Assistant Coaches Estaban Gonzalez, Teo Vargas, Giuseppe Squeo and Bronco Garcia.

## North of North Avenue

### Dial-A-Ride Program Serving Leyden Township

Bradley A. Stephens, Supervisor  
2501 N. Mannheim Road  
Franklin Park, IL 60131

Jeffrey T. Sherwin, Mayor  
55 E. North Avenue  
Northlake, IL 60164

Leyden Township Service Area:  
Northlake (north of North Avenue)  
Melrose park (north of North Avenue)  
Franklin Park  
Schiller park  
River Grove  
Rosemont  
Elmwood Park

#### Eligibility

Service is available to the general public.

#### Service Area

Service is provided to any location in Leyden Township. Scheduled service is also provided to Gottlieb Memorial Hospital, Resurrection Medical Center and West Lake Community Hospital. You will be picked up at your door and receive service to shopping centers, your doctor's office or anywhere else you want to go in Leyden Township. If you need to travel outside the Township, you can transfer to a regular Pace or CTA bus.

#### Service Hours

Monday-Friday 8:00 a.m. - 5:00 p.m.

Service is not provided on the following holidays: New Year's Day, Memorial Day, Independence Day, Labor Day, Thanksgiving Day and Christmas Day.

#### Fares

	One Way
Adult	\$2.50
Pace Transfer	.30
Reduced*	1.25
Reduced Pace Transfer	.15

#### Children Under Age 6\*\*

\*Passengers eligible for reduced fares include children ages 7-11, senior citizens 65 or older with RTA Reduced Fare Permit, and persons with disabilities (or with RTA Special Users Card), and students (high school or younger with appropriate school identification going to or from school, during school hours only.)

\*\*When accompanied by a fare-paying passenger with a maximum of two children for each fare-paying passenger.

#### How To Schedule A Ride

To schedule a ride, call 1-888-699-6999 between 8:00 a.m. and 4:00 p.m. one day before you need service. For medical appointments, you may call up to seven days in advance.

Reservations for Monday service will be accepted on the preceding Friday. Simply tell the dispatcher where you want to be picked up, where you need to go, and what time you need to be there. The dispatcher will tell you what time you will be picked up. In most cases, your return trip will be scheduled at the same time.

#### Shopping Trips to Jewel From Senior Buildings

Every Friday, Pace will be making trips to the Jewel store in Franklin Park from the Leyden Township Senior Buildings. Here are the pick-up and drop-off times from each location:

- From 9535 Franklin Avenue, the bus will arrive between 9:00 and 9:15 a.m. and will return at 11:30 a.m.
- From 7940 W. Grand Avenue, the bus will arrive between 9:45 and 10:00 a.m. and will return at 12:30 p.m.

For more information on the Dial-A-Ride Program serving Leyden Township, contact Pace's Customer Relations Office at (847) 364-PACE (7223).

LIVE IT UP CLUB

A Senior Club for men and women 55 years of age and older

Meetings are held the 2nd and 4th Tuesday of every month

Meetings start at 1:00 p.m.

Free pastries and coffee  
Bingo following the meeting

Many trips and events are held throughout the year

Boundaries for membership eligibility are:

Within the City limits of NORTHLAKE and The Unincorporated area of LEYDEN TOWNSHIP

If you want to meet other seniors and have fun, join us!

Membership is only \$5.00 per year

Our meetings are held at Grant Park Recreation Center  
44 W. Golfview  
Northlake, IL

# Six Myths About Stress

Six myths surround stress. Dispelling them enables people to understand some of their problems and then take action against them. Here is a look at these myths.

**Myth 1:** Stress is the same for everybody. This is completely wrong. Stress is different for each person. What is stressful for one person may or may not be stressful for another. Each person responds to stress in an entirely different way.

**Myth 2:** Stress is always bad for you. According to this view, zero stress makes people happy and healthy. This is wrong. Stress is to the human condition what tension is to the violin string: too little and the music is dull and raspy; too much and the music is shrill or the string snaps. Stress can be the kiss of death or the spice of life. The issue, really, is how to manage it. Managed stress makes people productive and happy. Mismanaged stress hurts and even kills.

**Myth 3:** Stress is everywhere, so you can't do anything about it. This is not so. You can plan your life so that stress does not overwhelm you. Effective planning involves setting priorities and working on simple problems first, solving them, and then going on to more complex difficulties. When stress is mismanaged, it's difficult to prioritize. All your problems seem to be equal and stress seems to be everywhere.

**Myth 4:** The most popular techniques for reducing stress are the best ones. Again, this is not so. No universally effective stress reduction technique exists. People are all different, their lives are different, their situations are different and their reactions are different. Only a comprehensive program tailored to the individual works to reduce stress.

**Myth 5:** No symptoms means no stress. Absence of symptoms does not mean the absence of stress. In fact, camouflaging symptoms with medication may deprive you of the signals you need for reducing the strain on your physiological and psychological systems.

**Myth 6:** Only major symptoms of stress require attention. This myth assumes that the minor symptoms, such as headaches or stomach acid, may be safely ignored. Minor symptoms of stress are the early warnings that your life is getting out of hand and that you need to do a better job of managing stress.

## Congratulations to Northlake Knights

Congratulations to the Northlake Knights 12U Full Time Travel Team on a great season with a total record of 27-14, a second place finish at the Glenview Blaze Memorial Day Tournament and semi-finalist at the Wisconsin Dells State Games Tournament. Coach Mike said his players fought hard this year and never gave up. He was very proud of how the team was able to bond together with 5 new players from the previous year.

Great year to all the players and coaches. Bottom row: Chris Corr, Jaime Sanchez, Kyler Britten, Steven Gonzalez, Matt Garcia, Michael DiBeasi and Teo Vargas. Top row: Assistant Coaches Jaime Sanchez, Luis Rivera and Bronco Garcia, Luis Rivera, Jordan Gonzalez, Raymond Perez, Ricky Mysliwiec, Assistant Coach Teo Vargas and Head Coach Mike DiBeasi.



## New Pavilion at Creekside Park Built from Recycled Material

The City of Northlake built a new pavilion at Creekside Park on Rhodes Avenue. The framework for the structure was fabricated from old light posts which were replaced in an earlier project and just lying around in the Public Works yard. Thank you to our Public Works Department for being so resourceful in bringing this improvement to completion.



## Solicitors Warning

The City of Northlake, the Northlake Police Department and the Northlake Fire Department are **NOT** asking for donations from residents of Northlake.

Before you donate, call City Hall to see if anyone who requests funds is registered with the Clerk's office.

# Northlake Senior Commission Casino Trip

The Northlake Senior Commission sponsored a trip to Horseshoe Casino in Hammond, Indiana on June 28. Everyone had a good time on the two motor coach buses playing bingo. A total of 103 people went on this trip. The next trip is planned for September 27, to Majestic Star Casino in Gary, Indiana. The Commission tries to have a trip every two or three months for the seniors of Northlake. In addition, every Tuesday the Commission sponsors Bingo at the Sandy Vasquez Community Center from 12:00 to 3:00. If you have any questions about the Senior Citizen's Commission or the activities, call Don Koca at 708-562-7983.



Standing by the buses are bus driver Raymond, Senior Commission members Diane Hanauer, Christine Maggio, Joe LaPaglia, Don Koca, Virginia Chavez, June Hunt and Wally Tripp, bus driver Jessie and City Clerk Joanne Floistad

## Land Donation Makes New Park Possible

The City of Northlake recently received a donation of land from resident Barry Lederer. The parcel, which is 6,000 square feet, is adjacent to Addison Creek on Prater Avenue.

Public Works crews are grading the property to improve drainage for neighboring parcels. When

completed, the area will be landscaped with grass and trees and in the near future a chess/checker pavilion.

The new pocket park will be named for Mr. Lederer's father, Charles "Pudgie" Lederer. The City thanks Mr. Lederer for his generous contribution to the community.



## News from Representative Angelo "Skip" Saviano

Once again, this spring's session was devoted to trying to stretch the state budget to cover necessities. As Republican assistant leader, I have spent many hours in bipartisan meetings trying to work with colleagues to come up with reasonable compromises for a thin budget. This spring's legislative session was very difficult, yet very productive. We stand adjourned for now, but we will likely reconvene at some point over the summer. Many good bills await the Governor's signature, and recently landmark Medicaid reforms were signed into law.

A measure to cut legislative pay passed the Illinois House. Senate Floor Amendment 5 to HB 3188 requires the General Assembly to take 12 furlough days in FY13, at a rate of one a month. In addition, it eliminates the FY13 COLA, and continues the per diem and mileage reduction that were put in place for FY12. When social service agencies and vendors aren't getting the funding owed to them by the state, we must do everything we can to lead by example.

Conservative revenue estimates for Fiscal Year 2012 will allow Illinois to pay down \$300 million in old bills. In the middle of May legislators appropriated \$150 million in unused money to serve as "matching funds" for Medicaid. With the help of the federal match, the action generated \$300 million to be used exclusively for unpaid Medicaid bills from medical care providers. Conservative budgeting must continue every year so we can continue to pay down our state's debt and overdue bills.

The general revenue budget and work of the Illinois Department of Natural Resources (IDNR) has been severely strained due to policy decisions, major budget cuts and staff reductions over the past several years. In 2002, IDNR's budget totaled \$107 million. Today it is \$48 million. With insufficient staff and money to do normal maintenance work at many state parks, our outdoor recreation assets and cheap vacation alternatives have been detrimentally affected. To address this issue, the Illinois legislature introduced two pieces of legislation this past spring. HB 5789 would allow the IDNR to establish entrance fees for state parks to help cover their cost of operation and maintenance. It was expected to raise between \$8 and \$12 million. The other bill (SB1566) would increase numerous fees across our economy which was estimated to collect \$32 million in revenue.

Because our state budget cuts have had a big impact on our local service organizations they need our support more than ever. As you may know, it is a trying time at our state's capitol, but I have worked hard to help put our state back on the right track. The Spring Session of the Illinois General Assembly came to a close on June 1st, and while there is much more work to do, I am optimistic that many positive steps were made.

# NORTHLAKE DAYS 2012





Photos courtesy of: Liz Biddle, Rob Hjelmgren and Mark Jastowski

Northlake Senior Citizen's Commission  
Invites you to join them for a trip to:

## Majestic Star Casino

Gary, Indiana

**Thursday, September 27, 2012**

Bus leaves Centerpoint at 8:00 a.m. **SHARP**  
Leaves Majestic at 2:30 p.m. **SHARP**

Fee: \$25.00 per person includes:  
Deluxe Motorcoach  
Free Buffet  
\$10.00 Instant Slot Play

For tickets, contact Don Koca at 708-562-7983

or

Christine Maggio 708-562-7473

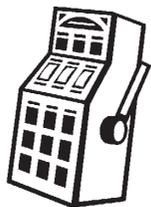
or

Come to Senior Bingo on any Tuesday at  
Vasquez Community Center  
316 N. LaPorte  
from 12:00 - 3:00 p.m.

Money must be in by September 6, 2012 or sooner.

Please reserve a seat on the bus as soon as possible.  
If you cancel, you will have to find someone to take your  
place or forfeit your money.

Wheel chair residents must have caretaker.



Community Events and Affairs  
Invites you to join them for a trip to:

## Horseshoe Casino Boat Trip

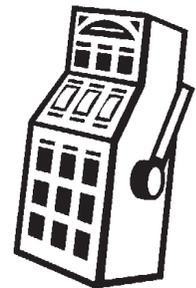
**Sunday, August 12, 2012**

Bus leaves Centerpoint Parking at 8:00 a.m. **Sharp**  
Returns at 4:00 p.m.

Fee: \$10.00 per person includes  
Deluxe Motorcoach Round Trip Transportation  
No breakfast or lunch

Tickets are available at City Hall, 55 E. North Avenue

Must be 21 or older



# August Programs

## at the Leyden Township Community Center

### Children's Programs

**Cochiaro's Movie Night:** First Friday of each month, 6:00-8:00 p.m., ages: 5-12, \$5 (\$7 O/D). Kids could enjoy a movie on a big screen projector, eat pizza & have a soft drink, while Mom & Dad can have 2 hours for themselves (Priceless!). It's a great way for the younger children to feel independent.

**Zumbatomics (Zumba for kids):** Mondays, August 6th thru October 1st, ages: 6-9 at 5:00-5:45 p.m. ages: 10-12 at 6:00-6:45 p.m., Toddlers ages: 3-5 (held at Westdale Park) at 12:00-12:45 p.m., \$40 (\$46 O/D).

**Fun & Games( Westdale Location):** Thursdays, August 9th thru September 27th, 12:00-2:00 p.m., ages: 3-5, \$20 (\$25 O/D).

**Shake, Rattle & Roll (Westdale Location):** Fridays, August 10th thru September 28th, 12:30-3:00 p.m., ages: 3-6, \$40 (\$45 O/D).

**Shake It, Make It, Bake It & Take It (Westdale Location):** Wednesdays, August 8th thru September 26th, 12:30-2:00 p.m., \$35 (\$40 O/D).

**Story Time & Crafts (Westdale Location):** Tuesdays, August 7th thru September 25th, 12:30-2:00 p.m., ages: 3-6, \$40 (\$45 O/D).

**Giant Cupcake Decorating:** Thursday, August 9th, ages: 2-4 @5:30-6:30 p.m., ages: 5-12 @6:30-7:30 p.m..

**Jr. Olympics/Obstacle Course:** Mondays, August 27th, ages: Tweens & Teens, 6:30-8:00 p.m., \$5 (\$7 O/D).

**Movie Night on our Big Screen:** Friday, August 17th, ages: Tweens & Teens, 6:00-8:00 p.m., \$5 (\$7 O/D).

**Private Guitar Lessons:** Starting May 2012, call for Appointments, 30 minute sessions (3 for \$54), (% for \$90), (10 for \$175).

**Karate Mom C.A.R.E.S.:** Saturday, September 8th, 1:00-3:00 p.m., ages: 6+, \$52 (\$54 O/D).

**Tutoring :** By Appointment, ages: 1st & 2nd Graders, 4-45 minute sessions \$100 (\$115 O/D), 3rd 4th & 5th Graders, 4-60 minute sessions \$120 (\$135 O/D).

**Girls on Guard:** Saturday, August 11th, 1:00-3:00 p.m., ages: girls 10 and older, \$60 (\$62 O/D).

**Fantastic Freedom Fridays:** Friday, August 31st, 5:00-8:30 p.m., ages: 6-12, \$15 (\$18 O/D).

**Elementary / Cartoon Drawing:** Fridays, August 17th thru September 14th, 5:15-6:15 p.m., ages: 6-12, \$47 (\$49 O/D).

**Tumbling & Gymnastics:** Saturdays, August 8th thru September 12th, ages: 3-6 at 10:00-10:45 a.m. and ages: 7-14 at 10:45-11:30 a.m., \$59 (\$62 O/D).

**Pre Ballet:** Saturdays, August 4th thru September 15th, 10:00-10:30 a.m., ages: 3-4, \$35 (\$40 O/D).

**Intro To Ballet:** Saturdays, August 4th thru September 15th, 10:30-11:15 a.m., ages: 5-6, \$35 (\$40 O/D).

**Basic Ballet:** Saturdays, August 4th thru September 15th, 11:15 a.m.-12:00 p.m., ages: 7-12, \$35 (\$40 O/D).

**Track & Field Camp:** Monday thru Thursday, August 6th August 9th, 10:30-11:30 a.m.-ages: 5-8, 11:30Am-12:30 p.m.-ages: 9-14, \$45 (\$48 O/D).

**Competitive Dodge Ball Camp:** Saturdays, August 11th thru September 15th, 1:00-2:00 p.m., ages: 8-12, \$35 (\$40 O/D).

**Youth Flag Football Camp:** Saturdays, August 11th thru September 15th, 2:00-3:00 p.m., ages: 7-9, \$35 (\$40 O/D).

**Steps Blast Ball:** Saturdays, August 11th thru September 8th, 10:00-11:0 a.m., ages: 4-5, \$45 (\$48 O/D).

**Kids Volleyball Fundamental:** Thursdays, August 2nd thru August 30th, 5:00-6:15 p.m., ages: 9-15, \$65 (\$68 O/D).

**Kids First Soccer:** Mondays, July 23rd thru August 13th, 5:30-6:30 p.m., ages: 6-9, \$45 (\$48 O/D).

**Steps Balloon Ball:** Saturdays, August 11th thru September 8th, 11:00 a.m.-12:00 p.m., ages: 3-6, \$49 (\$52 O/D).

### Adult & Child Programs

**Movie In The Park/Kids Kruze Night:** Friday, August 10th, all ages, 7:30-8:30, movie at Dusk! Free Admission.

### Adult Programs

**Knitting & Crochet Club:** Every Tuesday & Fridays, 12:30-3:30 p.m., new members welcome! Free.

**Belly Dancing:** Wednesdays, August 8th thru September 12th, 6:30-7:30 p.m., ages: 15th +, \$48 (\$52 O/D).

**Thursday Night Volleyball:** Thursdays, June thru September, 6:30-8:30 p.m., ages: 18+, \$20 (\$25 O/D), registration is limited to the 1st 32-members.

**Zumba:** Tuesdays- July 3rd thru August 28th, 6:15-7:15 p.m., or Saturdays, August 18th thru October 6th, 9:00-10:00 a.m., ages: 18+, \$40 (\$46 O/D) each session.

**Zumba Toning:** Thursdays, September 6th thru October 25th, 5:45-6:45 p.m., ages: 16+ (under 18 with a parent) \$48 (\$52 O/D).

Not too late to join currently running sessions, Just pay the daily Rates!

### Senior Programs

**Senior Exercise:** Every Tuesday & Thursday, 9:00-10:00 a.m., Free to Leyden Township residents.

### Health & Safety Education

**CPR/AED Healthcare Professional Course,**

Saturday, September 15th, 9:30 a.m.-12:30 p.m., \$65 (\$68 O/D).

**Cyber Bullying Seminar,** Saturday, August 4th, 1:00-2:00 p.m., Free Admission

### Fitness Center

Six Month Passes \$45 (\$65 O/D), 1 Year Passes \$80 (\$120 O/D), Daily Passes \$5, Seniors \$5 Monthly (\$6 O/D), ages: You must be 18+ (14+ with a parent, who is also a member) during workout.

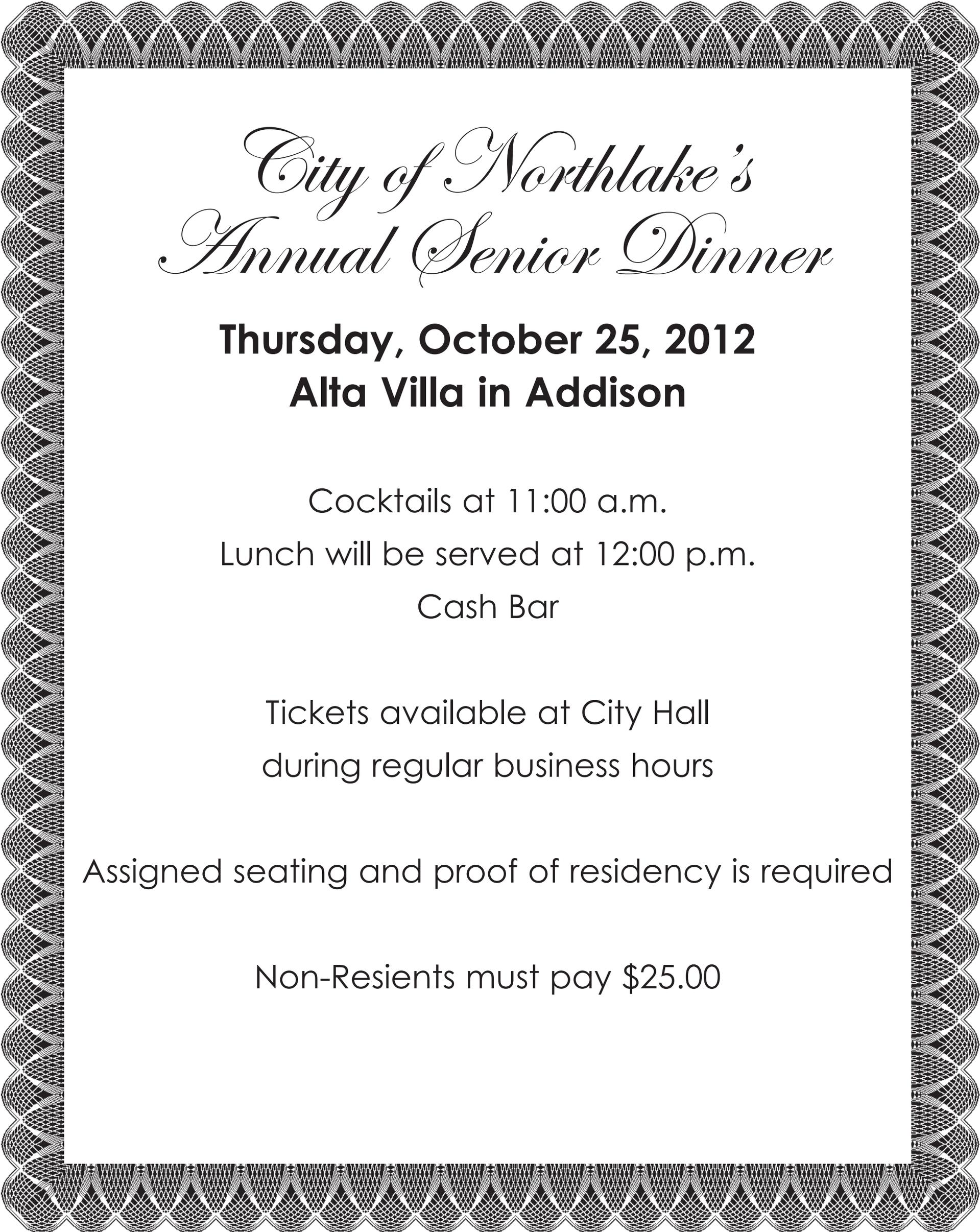
**Walker, Toddler (under 6 w/ adult) & Open Gym Passes**

Passes are good for one year from date of purchase \$15 (\$40 O/D), Daily \$5, age: 6+.

### Boxing Facility Passes

Passes are good until December 30th, ages: 8+. Call for current prices.

Call for more information on any of the above programs 847.451.5144.



*City of Northlake's  
Annual Senior Dinner*

**Thursday, October 25, 2012  
Alta Villa in Addison**

Cocktails at 11:00 a.m.

Lunch will be served at 12:00 p.m.

Cash Bar

Tickets available at City Hall  
during regular business hours

Assigned seating and proof of residency is required

Non-Residents must pay \$25.00



# Back 2 School Jamboree and Health Fair

Saturday  
August 11th 2012  
10 am - 3 pm



Info  
847.612.4159  
[facebook.com/MYTURNCENTER](https://www.facebook.com/MYTURNCENTER)



\*LIVE MUSIC  
\*FREE GAMES  
AND MORE

35 East North Avenue  
Northlake, Illinois

Presented by:  
turn  
center

- \*FREE MEDICAL EXAMINATIONS
  - CHOLESTEROL
  - DIABETES
  - HIGH BLOOD PRESSURE
  - BONE DENSITY
  - PROSTATE CANCER EXAMS
- \*BLOOD DRIVE
- \*BACK TO SCHOOL MEDICAL EXAM
- \*NUTRITION INFORMATION



\*FREE HAIRCUTS  
FOR STUDENTS  
FROM 10AM-12PM



Info 847.612.4159

[facebook.com/MYTURNCENTER](https://www.facebook.com/MYTURNCENTER)



# Northlake Citywide Garage Sale

Join over 100 Northlake Households having a garage sale the weekend of

## September 21, 22 & 23

A complete list of garage sales will be available at City Hall after noon on September 20.

Lists will also be available at various garage sale locations that weekend and on line at

[www.northlakecity.com](http://www.northlakecity.com) go to "Community Info"

To have your sale included on the list, fill out the form below and mail or bring to City Hall before September 19<sup>th</sup>!

---

### Citywide Garage Sale Registration Form

We will hold our garage sale on (circle days)      Fri.      Sat.      Sun.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone number (*only for City Hall use in case we have questions:*)

# BUSINESS GUIDE

## AREA TOWING INC.

24 Hour Emergency Road Service  
Motor Clubs, Police Towing & Relocation

1401 N. 1st Ave.  
Melrose Park IL. 60160

708-345-HOOK (4665)  
Fax 708-344-3371

Provides the following complimentary service to the senior citizens of Northlake:

Jump starts  
Tire change  
Lock outs.

Also, discounted towing for seniors as well.  
These services are provided within City limits.

## Solis & Sons Asphalt Paving

We Specialize in:  
Asphalt Driveways  
Commercial Parking Lots  
New Construction



Satisfaction Guaranteed

Call Today for a Free Estimate!

Licensed \*\* Bonded \*\* Insured

**708-562-6158**

**\$100.00 Off  
Asphalt Work**  
Please present coupon  
after you receive estimate

### For Sale:

**Wooden glass display case. 18" wide x 47 1/2" long, x 70" high. \$100.00. Call 708-343-8700.**



## Northlake Funeral Home



Owned and Operated by the Connell Family

140 E. North Ave.  
Northlake, IL 60164  
[www.northlakefuneral.com](http://www.northlakefuneral.com)  
[information@northlakefuneral.com](mailto:information@northlakefuneral.com)

Se habla Español  
Mowimy po Polsku

**708-562-0044**

# Unmatched expertise means unmatched comfort.



Turn to Airtech Heating & Cooling for technical expertise, customer satisfaction and Carrier systems that are second to none.

- Family-owned and operated since 1972
- Factory-trained, NATE-certified technicians
- Residential and commercial
- We service all makes and models

**Air Conditioning  
Clean and Check  
Special**

**\$89**  
Regularly \$109<sup>00</sup>

  
Turn to the Experts.

**(708) 547-5511**



# DO-RITE

***Home Remodeling Co., Inc. of "NORTHLAKE"***

***(708) 343-0977***

***201 S. Prater Ave. Northlake, IL. 60164***

***COMPLETE HOME REMODELING***

***"SPECIALIST"***



• Roofing	• Sheds	• Wood Fences	• Storm Damage
• Siding	• Dormers	• Vinyl Fences	• Seamless Gutters
• Windows	• Patio Decks	• Wood Floors	• Wheel Chair Ramps
• Doors	• Pool Decks	• Tile Floors	• Awnings & Shutters
• Skylights	• Garages	• Kitchens	• Interior Remodeling
• Soffit & Fascia	• Porch Roofs	• Bathrooms	• And Much More

***AL, BRIAN, & GREG KOWALCZYK***

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# BUSINESS GUIDE

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PRESCRIPTION FROM YOUR DOCTOR REQUIRED ON SOME ITEMS  
**FREE DELIVERY AND SET-UP**

# BUSINESS GUIDE

Northlake City News  
Newsletter Coordinator, Liz Biddle • 708-343-8700 •  
lbiddle@northlakecity.com

Northlake City News is published by the City of Northlake to inform its residents of present activities in the City and the ever-growing plans for the future in pursuit of better government and good citizenship.

Items should be submitted to the Newsletter Coordinator no later than the 20th of each month by 12:00 noon at City Hall.

Full page advertisements - \$250.00; 1/2 page advertisements - \$150.00; 1/4 page advertisements - \$80.00; business card size advertisements - \$40.00

Classified Ads: Business Ad - \$20.00; Want Ads - \$10.00; Items for Sale - \$5.00

Extra copies and back issues of Northlake City News can be obtained at City Hall.

## RCI REAL ESTATE GROUP

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SAME GREAT SERVICE: Selling or Buying or Investing?

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Ben Cocogliato, Managing Broker Owner 847 514-7868



### FAMILY PARTY PACK

\* 25 pieces of chicken  
(broasted or barbeque)

\* 4 lbs. of Italian Beef  
(with hot or sweet peppers)

\* 1 tray of Mostaccioli

\* 1 tray of tossed salad with dressing

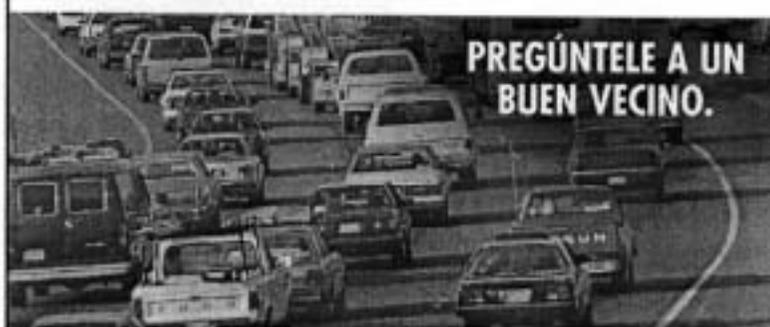
This package includes bread, plates, napkins, knives and forks

Serves approx. 20 people

**\$99<sup>99</sup>** plus tax and delivery

**708-562-0021**

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Northlake, IL 60164  
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**Did you recently get engaged or  
celebrate an anniversary?**

**Is there a new baby in the house?**

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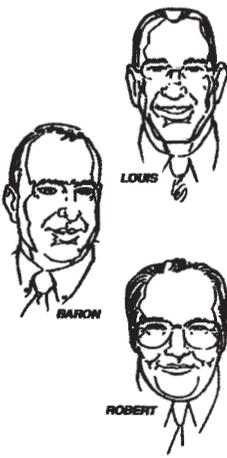
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Overweight Truck Violations - CDL
- POWERS OF ATTORNEY  
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- CORPORATIONS & PARTNERSHIPS
- INCOME TAX PREPARATION  
Individual & Business  
IRS Audit Representation
- CRIMINAL DEFENSE
- ELECTRONIC TAX RETURN FILING
- BANKRUPTCY



Record Settlement, \$3.5 Million  
TMJ / Work Related Injury  
AS REPORTED BY THE CHICAGO TRIBUNE - OCTOBER 1997 PAGE 10A



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- \* Retaining Walls \* Stump Removal

# CLASSIFIED

For Sale: Aiwa compact disc stereo cassette player. Wizard of OZ water globes. For more information, call 630-837-7968.

For Sale: 1994 Buick Century, 4 door, blue. 120,000 miles. New tires, muffler, battery, brakes. Good runner. \$1,500 OBO. Call Al, 708-704-0928.

For Sale: Wooden glass display case. 18" wide x 47 1/2" long x 70" high. \$100.00. Call 708-343-8700.

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# AUGUST 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6 Finance Meeting- 6:30pm. City Council Mtg-7pm	7 Community Events & Affairs Commission – 6:30 pm	8 Youth Commission- 6:30	9	10	11
12	13	14	15 Senior Citizen's Commission-1pm	16	17	18
19	20 Finance Meeting- 6:30pm. City Council Mtg-7pm	21 Court-6:00 pm	22 Youth Commission- 6:30	23	24	25
26	27	28 Police Commission- 6:00 police station Addison Creek-6:30	29	30	31	

# SEPTEMBER 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 City Hall Closed	4 Community Events & Affairs Commission – 6:30 pm	5	6	7 Youth Dance Grant Park Recreation Center – 7:30 – 9:30	8
9	10 Finance Meeting- 6:30pm. City Council Mtg-7pm	11	12 Youth Commission- 6:30	13	14	15
16	17	18 Court-6:00 pm	19 Senior Citizen's Commission-1pm	20	21	22
23	24	25 Police Commission- 6:00 police station Addison Creek-6:30	26 Youth Commission- 6:30	27	28	29
30						